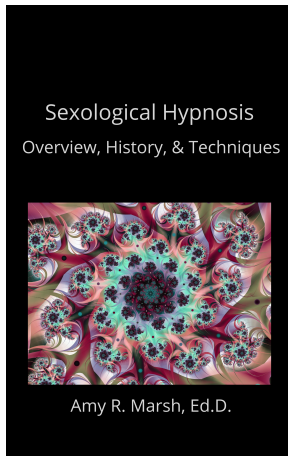


Sexological Hypnosis: Overview, History, & Techniques



Sexological Hypnosis: Overview, History, & Techniques

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Discover how hypnosis can transform sexual wellness, intimacy, and therapeutic outcomes in today's diverse world.

Sexological Hypnosis: Overview, History, & Technique pairs the study of human sexuality with the study of hypnotism. This is an informed guide to the basics of using hypnosis for a variety of sexual concerns, written for therapists, counselors, sexologists, sex educators, and professional hypnotists. *Sexological Hypnosis* is a valuable guide for helping professionals who are gender-inclusive and sex- and pleasure-positive with regard to a wide range of adult consensual behavior. Also serves as a textbook for Marsh's 15-week course, Hypnosis for Sex Problems.

Reviewers Say (5 out of 5 stars)

5.0 out of 5 stars

Outstanding Resource for Hypnotists and Therapists

An excellent resource for hypnotists working with sexuality issues, and for sex coaches or therapists interested in using hypnosis. Provides a great overview of how sexological hypnosis can help with various sex problems plus tons of resources for additional study. Easy to read and well organized. A valuable addition to my professional library. —Teri Temple, certified hypnotist

About Book: What's Inside: Evidence-Based, Inclusive Guidance

- *Clear definitions and foundations:* Learn to connect the dots between clinical sexology, adult sex education, and modern hypnosis.

- *Models of Practice*: Explore integrative approaches—from sex coaching to PLISSIT Model sex therapy—showing how hypnotism enhances client care.
- *Addressing Challenges*: Detailed discussion of time-tested and innovative hypnotic techniques for concerns such as sexual dysfunction, desire differences, and anxiety.
- *Special Populations & Issues*: Includes gender-affirming hypnosis for transgender and gender-diverse people, guidance for pelvic concerns, and trauma-sensitive practices.
- *Enrichment and Beyond*: Practical insights into erotic hypnosis for couples, hypno-birthing, and supporting BIPOC maternal health.
- *Critical Perspectives*: An honest assessment of why sexological hypnotists do **not** treat sex or porn “addiction,” grounded in evidence and ethics.

About Amy R. Marsh

Dr. Amy R. Marsh, Ed.D., DHS, CH, CI, is a board-certified clinical sexologist, consulting hypnotist, and founder of the Intimate Hypnosis Training Center. Her writing is a blend of deep scholarly insight and energetic, accessible instruction. She champions inclusive, science-based approaches that honor the diversity of sexual and gender experience.